PHYS 1301/1101



SHSU Catalog (2025/2026)

	Bachelor of Scien	ce, Kine	siology (Clinical 1	Exercise Science Concentration)
CORE REQUIREMENTS	Department of Kinesiology			936.294.1398 kinesiology@shsu.edu
Course Name		Hours	TCCNS	SHSU
Communication (6 hours)				
Composition I		3	ENGL 1301	ENGL 1301
Composition II		3	ENGL 1302	ENGL 1302
Mathematics (3 hours)				
Pre-Calculus Algebra		3	MATH 1314	MATH 1314
			iences (6 hours) ¹	
Human Anatomy & Physiology I		4	BIOL 2401	BIOL 2403
Human Anatomy & Physiology II		4	BIOL 2402	BIOL 2404
Language, Philosophy, & Culture (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Creative Arts (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
American History (6 hours)				
United States History to 1876 3 HIST 1301 HSTY 1301				
United States History to 1876		3	HIST 1301	HSTY 1301
Government/Political Science (6 hours)				
American Government		3	GOVT 2305	POLS 2305
Texas Government		3	GOVT 2306	POLS 2306
Social & Behavioral Science (3 hours) ²				
Introduction to Psychology		3	PSYC 2301	PSYC 1301
Component Area Option Recommendations (6 hours) ³				
Choose <u>two</u> courses from your current Texas community college's core approved list.				
MAJOR REQUIREMENTS Full degree can be found here: https://www.shsu.edu/programs/bachelor-of-science-in-kinesiology/concentration-in-clinical-exercise-science.html				
Course Name		Hours	TCCNS	SHSU
General Biology		4	BIOL 1406	BIOL 1406
General Chemistry I		4	CHEM 1411	CHEM 1411
Lifetime Health & Wellness		1	PHED 1164	KINE 2115
Public Speaking		3	SPCH 1315	COMS 1361
Nutrition		3	HECO 1322	FSCN 2362
Plane Trigonometry		3	MATH 1316	MATH 1316
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*SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours. Students must earn a 2.0 minimum overall GPA in all coursework, overall major GPA, SHSU GPA, and SHSU major GPA. Must earn a "C" or better for all KINE/ATTR courses.

1 - BIOL 1406, BIOL 2403, BIOL 2404, and CHEM 1411 satisfy the Core Curriculum requirement for Component Area III (Life and Physical Science). BIOL 2401 and BIOL 2402 may be used as transfer courses for the BIOL 2403 and BIOL 2404 requirements; please see a SAM Center advisor for more details.

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2 - PSYC 1301 satisfies the Core Curriculum requirement for Component Area VIII (Social and Behavioral Sciences).

General Physics-Mechanics and Heat w/ lab

3 - COMS 1361 satisfies three semester credit hours and KINE 2115 satisfies one credit hour of the Core Curriculum requirement for Component Area IX (Component Area Option).